



**If Only Balancing Work &
Life Was So Easy**
Not Easy, But Possible — and an Imperative

Balance Your Way to Excellence

Personal Mastery - Take Your Life and Performance to the Next Level!

Practical skills to increase performance:

- **Get more done with fewer resources and less time!**
- **Remove self-mediocrity and exceed expectations (of your own and your job)!**
- **Become renewed and recommitted to excellence!**
- **Work on what counts the most and produce desired results!**
- **An eight-step system for work and life balance!**
- **Transform burnout and work on happiness to increase performance!**
- **Specific practices to be happier at work and life!**

Who is Balance Your Way to Excellence for?

For anyone who wants to become more fulfilled, energized, and in control of their personal and professional lives. Any organization that wants to increase performance and innovation, and maintain higher levels of retention and lower absenteeism. Ideal for all industries, meetings, and events - and opening and closing keynotes. Can be customized for current sessions.

Personal victories create professional victories! Professional victories create personal victories! For years experts have told us to sharpen the saw before we cut wood. Still, many people don't perform well because they don't feel well. Darin Green shares his extraordinary system for transforming the pressures of work and home into personal mastery. You will learn how to maintain and maximize your greatest resource - yourself!